## Bicro<sup>TM</sup> Shoulder Immobilizer Application Instructions

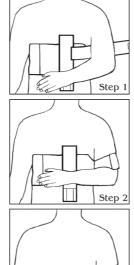
**STEP 1** Secure immobilizer around chest area with cutout portion under arm to be immobilized. Contoured portion on female immobilizer should be positioned under breasts for patient comfort.

**STEP 2** Place arm in humeral cuff and secure with hook and loop closure.

**STEP 3** Place wrist in foam padded wrist cuff and secure with hook and loop closure. Slide hand through hand cuff to help avoid wrist drop.\*

\* Hand cuff is included on the straight immobilizer. This feature is not available on the contour version due to the contoured cutout.

Contact your healthcare provider or therapist for further instruction.



Step 3

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